16:Messenger E-4,5 (1955-1966) 1969 ER6 Rural Irish ER6
(1959-1960) Inis Beag

172 may be much older. I was told that foreign collectors long ago purchased from the folk copper and bronze artifacts which had been exhumed from cave middens.

172 333 The Iron Age in Inis Beag is best represented by a fort constructed of limestone rocks quarried locally and fitted together without mortar, which bears no name other than the Irish word for fort—*Dun* (see Fig. 2). It commands the rim of a promontory, and its oval shape measures 170 by 127 feet. Unfortunately, from the point of view of the prehistorian, its inner wall was greatly reduced in height and any outer ramparts and stone *chevaux de frise* completely destroyed to furnish building materials for a medieval tower house which stands at its center. To the south about 500 feet, and on somewhat higher ground, are the remains of what may have been a monastery. According to island historians, it was pulled down by soldiers attacking the "castle" with cannons, and most of its stones were employed later in the construction of a watch tower nearby. Another monastery at the back of the island on the southeast side may indeed be the ruins of a fort, as the oldest of its three names bears the word fort.

Medieval Period (500 to 1500)

• 17 The end of the Iron Age in Ireland is dated conveniently by historians as 431 (or 462), when St. Patrick arrived from Wales as a missionary to convert the pagan Celts. But, of course, prehistoric cultural elements persisted for many cen-

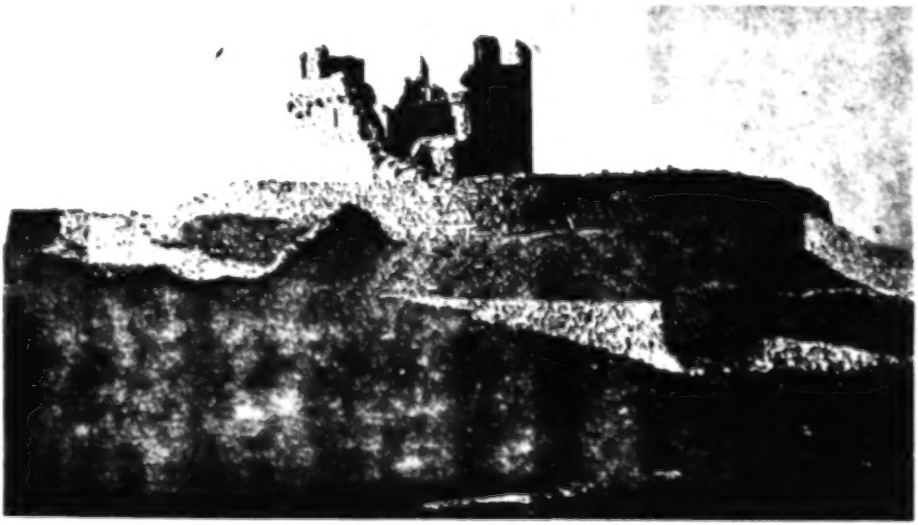

Figure 2. Castle enclosed by the Iron Age promontory fort.

16:Messenger E-4,5 (1955-1966) 1969 ER6 Rural Irish ER6
(1959-1960) Inis Beag

turies afterward, and still do in modified form, and became embodied in the medieval culture which was shaped by internal innovation and borrowing from other European traditions. Christianity came to Inis Beag in the early decades of the sixth century. Inis Beag and the other islands in the vicinity became one of the famous monastic centers of Ireland, where over a hundred saints lived or paid extended visits. Among them were St. Enda of the Aran Islands, St. Columbkille who was to Christianize Scotland and much of England, St. Kieran the founder of Clonmacnoise, St. Brendan the Navigator who according to Irish legend reached the coast of Florida in 551, and St. Kevin the founder of Glendalough. Among the principal medieval Christian monuments in Inis Beag are three churches, one and possibly two monasteries, several tombs, and a sacred well.

Only a single female saint is associated with Inis Beag, and a church in her honor stands on the northwest side of the island. Although not the first church on the site, the present building was erected not later than the ninth century, and west of its doorway under a cliff is the foundation of a *clochán* in which the officiating clergyman may have resided. South of the church are a number of ancient tombs, and in a small valley east of it a layer of midden lies beneath manufactured soil. The axe heads were unearthed in the valley only a stone's throw from the church.

Built in the tenth century to honor the patron saint of the island, a second church is located atop a terrace overlooking the beach on the northeast side of Inis Beag. It was used as the regular place of worship until about 1840, when sand began to accumulate about it; at that time, the island cemetery was on a slight hill west of the church, but as the sand grew deeper burials were made next to the church, eventually to form the present cemetery which rings the building almost completely. The tomb of the patron saint stands on the surface of the terrace a short distance from the church, but it and the building nearly to the top of its gables are buried in the sand (see Fig. 3). Each year on June 14th island men dig out the interior of the church and bare the tomb to commemorate the saint. A huge midden, partially covered with sand and solidified to a conglomerate below its surface, is banked against the terrace on the north and measures 20 feet in depth, 150 feet in width, and 450 feet in length. It represents the accumulation of hundreds of years, and possibly thousands if pagan structures antedated Christian ones.

A third church lies buried beneath the sand close to the east end of the beach, and is named after another saint who is believed to be interred near it. Only legend supports its existence, for there is no reference to its unencumbered appearance in the writings of the earliest visitors in the mid-seventeenth century. However, funeral processions bound from the present church to the cemetery leave the main trail to follow what is apparently an archaic predecessor deep in the sand, and at one point the coffin is lowered and the mourners kneel and pray for the soul of the deceased at the place where tradition asserts that the ancient church lies. This custom is disconcerting to the newly appointed or visiting priest, who sometimes when leading a funeral procession will continue on the modern path while the islanders desert him to obey a centuries old prescription.

On the west side of Inis Beag, near the shore, are located a holy well named after a saint and the *clochán* in which he supposedly dwelled during a lengthy stay

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which contain a large portion of the natural flora—herbs and shrubs—of the island. Stone fences delimit many hundreds of plots which compose most of the two-square-mile land surface of Inis Beag.

The island boasts a post office with radio-telephone facilities, a "national school" in which three teachers instruct ninety pupils in the seven "standards," two provision shops with attached "pubs," a former coast guard station now housing the nurse and a knitting industry which employs local girls, a lighthouse, and a chapel served by a curate who resides nearby. Inis Beag lacks electricity and running water, and the only vehicles are several ass-drawn carts which are able to travel the narrow, fence-bordered trails. A small "steamer" carrying supplies, passengers, and mail to and from a mainland port visits the island at least once each week. That Inis Beag has experienced far less cultural change than other island communities of Ireland is largely due to the fact that, in absence of a deep water quay, the steamer has had to stand off the strand and be met by "canoes." Most of the tourists who come to the island stay only for the hours that the steamer is anchored and go ashore mainly for the thrill of riding in the canoes, which the island men row with consummate skill. Insofar as I can discover, the inhabitants of Inis Beag are less prone to visit the mainland than are the peoples of other Irish islands.

INIS BEAG
HISTORY AND CULTURE[2]

The prehistory and history of Inis Beag are recorded dramatically in a multitude of monuments and artifacts of stone and metal, including Neolithic axe-heads and kitchen middens, Copper-Bronze Age gallery grave tombs and burial mounds of earth and stone, an Iron Age promontory fort, and medieval Christian monasteries, churches, cemeteries, stone houses, and a sacred well, as well as a three-story tower house built by the political overlords of the island. Irish nativists claim that the contemporary folk are lineal descendants of ancient, once civilized

[2] The culture described herein is that of 1959–1960 and excludes important changes which have occurred since then, such as those resulting from the introduction of television, a summer language school for pupils from the mainland, and free secondary education.

Sex and Repression in an Irish Folk Community

Celts. But local legend, historical evidence, and genealogical data collected by my wife and me indicate that the present population is descended from immigrants who came to the island from many parts of Ireland following the Cromwellian incursion of the seventeenth century. The islanders still express bitterness over conditions of poverty and servitude experienced by their ancestors during the 300 years that they lived under absentee Anglo-Irish landlords. All of the excesses of foreign domination suffered by mainland peasants were suffered by the inhabitants of Inis Beag, but were aggravated by the ordinary hardships of island living. Little was known about events in Inis Beag during the eighteenth and early nineteenth centuries until the island was visited by archeologists and publicized in their scientific writings. The surrounding area of the mainland was very much isolated and seldom visited at that time, although trading between Inis Beag and nearby communities was carried on, and passing ships sometimes called at the island.

Agricultural pursuits have always dominated the subsistence economy of Inis Beag. Most householders own land on which they grow potatoes and other vegetables, grass, and sometimes rye and sally rods and where they pasture cattle, sheep, goats, asses, and horses. The back of the island, behind the communities, is divided into four strips, and each landowner possesses numerous plots located along the "quarter" on which his village fronts. The average combined holding is sixteen acres, and almost 50 percent of the land is composed of arable indigenous and manufactured soils. Potatoes are the staple crop, and they are supplemented by various other vegetables, milk from cattle and goats, meat from island sheep, fish, eggs, and other foods, many of which are imported and sold in the shops. Rye is grown for thatching, and sally rods are used to weave several types of containers. Other subsistence activities (which also provide income for some folk) are knitting, weaving, crocheting, tailoring, and sandal making.

A slowly expanding cash economy features the export of cattle and sheep fattened on the island and of surplus potatoes and fish, the collection of seaweed for extraction of iodine at a mainland factory, the keeping of tourists in private homes, and the manufacturing of craft objects for sale to visitors and for export. At the turn of the century, fishing from canoes—with nets and lines often many miles out in the ocean—was an important subsistence and income activity. A few islanders who owned little or no land lived primarily by fishing and kelp-making. But over the past few decades, fish have become less plentiful and the weather more inclement, especially during winter